

Syphilis

Syphilis is a highly contagious infection spread from one person to another during vaginal, anal or oral sex. Although spread from sores, the sores are painless and frequently go unrecognized. The infected person is often unaware of the disease and unknowingly passes it on to his or her sexual partner.

The early symptoms of syphilis include a variety of skin problems such as sores or rashes that can be mistaken for other diseases. Even without treatment these symptoms will disappear, but the disease has not gone away. The germs enter a dormant or resting period.

If syphilis is left untreated, it can cause serious and permanent problems such as dementia, blindness, or death. Syphilis is a curable disease with prompt diagnosis and treatment. However, if treated too late, there may be permanent damage to the heart and brain even after the infection is destroyed.

Pregnant women with the disease can spread it to their baby. This disease, called congenital syphilis, can cause abnormalities or even death to the baby.

Trichomoniasis

Trichomoniasis is a small organism spread from one person to another during sex, with women most often affected.

Men often do not have symptoms of trichomoniasis and usually do not know they are infected until their partners need treatment. Symptoms may include irritation or tingling inside the penis, mild discharge and/or slight burning after urination or ejaculation.

Many women do have signs or symptoms of infection and they can include greenish-yellow, frothy vaginal discharge with a strong odor, painful urination, vaginal itching and irritation, discomfort during intercourse and sometimes lower abdominal pain. Symptoms usually appear within five to 28 days of exposure in women.

If you have been sexually active, and think you may be experiencing any of the symptoms described, call your physician.



SCAN ME

**HIV Hotline &
Free Condoms:
Call 1-800-332-2437
or visit www.ohiv.org**

Sexual Health & Wellness and Syringe Exchange Service Providers

CLARK COUNTY

Clark County Combined Health District, 529 E. Home Rd., Springfield, (937) 390-5600

1. **Rocking Horse Center**, 651 S. Limestone St., Springfield
2. **Southern Village Plaza**, 1209 Sunset Ave. Springfield
3. **Springfield Soup Kitchen**, One2One Needle Exchange only, 830 W. Main St., Springfield; Naloxone provided, Wed., 1-4PM

DARKE COUNTY

Family Health Services of Darke County, 5735 Meeker Rd., Greenville, (937) 548-9680; Reproductive Health and Harm Reduction clinic/1-to-1 Needle Exchange

GREENE COUNTY

Greene County Public Health, 360 Wilson Dr., Xenia (937) 374-5600; HIV/ Hep C/ Pregnancy Testing

1. **SafeTrade Xenia** (Syringe Services): 360 Wilson Drive, Xenia; Wed., 1-4PM
2. **SafeTrade Fairborn** (Syringe Services): 600 Pierce Drive, Fairborn; Fri., 1-4PM

Five Rivers Greene County Health Center, 360 Wilson Dr., Xenia (937) 708-3400; Reproductive Health Services & STD services for men & women

MIAMI COUNTY

Miami County Public Health, 510 W Water St #130, Troy, (937) 573-3519 or (937) 573-3520; Reproductive Health & Wellness, family planning

MONTGOMERY COUNTY

Community Health Centers of Greater Dayton, (937) 461-6869

1. **Victor Cassano Health Center**, 165 S. Edwin C. Moses Blvd. Dayton
2. **Patterson Park Health Center**, 1074 Patterson Rd., Dayton
3. **East Dayton Health Center**, 2132 E. Third St., Dayton
4. **Corwin Nixon Health Center**, 2351 Stanley Ave., Dayton
5. **Dr. Charles R. Drew Health Center**, 1323 W. Third St., Dayton
6. **Alex Central Health Center**, 5 S. Alexandersville Rd., Miamisburg

Equitas Health Dayton Medical Center, 1222 S. Patterson Blvd., Suite 230, (937) 853-3650; Primary/ LGBTQ/ Trans/ Dentistry/ Behavioral Health, HIV PrEP Services Clinic/ Prevention Care

Five Rivers Health Centers

1. **Center for Women's Health**, 161 Wyoming St., Dayton, (937) 208-2007
2. **Family Health Center**, 2261 Philadelphia Dr., Dayton, (937) 734-4141
3. **Samaritan Health Center**, 921 S. Edwin C. Moses Blvd., Dayton (937) 461-1376

Public Health - Dayton & Montgomery County, 117 S. Main St., Dayton, Reibold Building (937) 225-4550; Sexual Health & Wellness, STD/ HIV/ PrEP HIV Prevention Clinic

1. **Rehabilitation & Correction Center**, 1901 S. Gettysburg Ave., Dayton, (937) 390-5600
2. **Dr. Charles R. Drew Health Center**, 1323 W. Third St., Dayton, (937) 225-4023
3. **CarePoint Syringe Services**, HIV/ Hep C/ Pregnancy Testing (937) 496-7133
 - **Life Enrichment Center**, 425 N. Findlay St., Dayton; Fri., 9AM-3:30PM
 - **Vogel Health Center**, 6175 W. Third St., Dayton, Tue., 12-5PM
 - **Mobile Unit**, Dover St. East End Community, Dayton; Wed., 10AM-1PM
 - **CarePoint Mobile Unit**, at the corner of Willard & S. Paul Laurence Dunbar Sts.; Mon., 10AM-1PM

12/04/2020



Public Health
Prevent. Promote. Protect.

Sexual Health & Wellness Resource Guide

Types of diseases, STD examinations, treatment and education, rapid HIV testing, pregnancy testing, PrEP, & Harm Reduction Needle Exchange programs

In partnership with the following agencies:

Clark County Combined Health District ● www.ccchd.com
Community Health Centers of Greater Dayton ● www.communityhealthdayton.org
Equitas Health ● www.equitashealth.com
Family Health Services of Darke County ● www.familyhealthservices.org
Five Rivers Health Centers ● www.fiverivershealthcenters.org
Greene County Public Health ● www.gcph.info
Miami County Public Health ● www.miamicountyhealth.net
Public Health - Dayton & Montgomery County ● www.phdmc.org

Chlamydia

Chlamydia trachomatis is a bacterium that is spread person to person during vaginal, anal or oral sex.

Women – Chlamydia infections can cause increased vaginal discharge and/or burning with urination. Babies born can get conjunctivitis, blindness or pneumonia when traveling through the birth canal of an infected mother. Untreated, it can cause Pelvic Inflammatory Disease and can lead to hospitalization, surgery, sterility or other problems.

Men – Usually causes discharge from the penis, irritation or mild burning during urination. Sometimes a man who is infected has no symptoms at all. Left untreated, it can lead to Epididymitis causing pain and swelling of the testicles.

Gonorrhea

Gonorrhea is a bacterium spread from person to person during vaginal, anal or oral sex.

Men – Symptoms include discharge or pus from the penis and pain and/or burning with urination. 20-40% of men have no symptoms at all. Left untreated, or is contracted repeatedly, it can lead to Epididymitis causing pain and swelling of the testicles which can cause sterility or blockage of the urethra.

Women – Symptoms for some women include an unusual discharge from the vagina or abnormal bleeding from the vagina. 80% of women have no symptoms at all including when infected in the rectum or throat. Left untreated, or is contracted repeatedly, it can cause Pelvic Inflammatory Disease and can lead to hospitalization, surgery, sterility or other problems.

Herpes

Herpes Simplex Virus is a recurrent viral infection characterized by single or multiple clusters of small blisters filled with clear fluid. It typically begins with a tingling or itchy sensation in the area just before a sore appears and is followed by several painful blisters. The lesions may appear anywhere on the skin, but most frequently are found around the mouth (cold sores or fever blisters) and in the genital area. Herpes is almost always transmitted by direct skin-to-skin contact or sexual intercourse. Herpes can be transmitted without ejaculation.

Infection first appears 3-20 days after sex with an infected partner, and begins with blisters in the affected area. The blisters soon break, leaving

Herpes cont'd

small open sores which may be painful, especially in women. The initial infection lasts anywhere from two to three weeks. The lymph nodes in the groin may become swollen and painful. Some patients have fever and aching of the muscles and joints.

The virus remains in the body after the sores disappear. Blisters or sores can appear again, usually in the same areas that were first infected. This can happen even if the patient is not exposed again to another person with the infection. After the initial outbreak, herpes usually does not cause swelling of the lymph nodes and lasts a shorter time (usually one to two weeks). When the sores, blisters and scabs are gone, the infection is generally less likely to be contagious; however, it is possible to spread the infection at any time, even when the sores, blisters and scabs are gone.

HIV

HIV lives in semen, vaginal fluids, blood and breast milk of a person with HIV. It can be passed from one person to another through these infected fluids. HIV can be passed:

- During vaginal, oral or anal sex
- While sharing needles and equipment to inject drugs
- By contaminated needles used for tattoos and piercing or to inject vitamins or steroids
- From a mother to her baby during pregnancy, childbirth or breastfeeding
- From needle-stick injuries to health care workers caring for people with HIV

People with HIV may have no symptoms, few symptoms or many serious symptoms. They may not even know they have HIV, but they can still pass the virus on to others.

Over time, HIV damages the body's immune system. When the immune system gets very weak, other diseases and infections can enter the body. This stage of HIV is called AIDS.



SCAN ME

What is PrEP for HIV?



SCAN ME

PRE = Before
EXPOSURE = Coming into contact with HIV
PROPHYLAXIS = Treatment to prevent an infection
PrEP does NOT protect against other sexually transmitted infections and is NOT a vaccine. Wondering if **PrEP** is right for you? Call the OHIV Hotline at 1-800-332-2437 and ask for the PrEP Health Navigator.

Sexually

Transmitted

Diseases

Human Papilloma Virus

Human Papilloma Virus (HPV) is also known as genital warts which appear on both men and women. They are spread during vaginal and anal sex, and even by genital touching. HPV can also be passed during oral sex.

In Men most genital warts appear on the outside of the penis.

In Women they are found on and around the vulva (lips and opening of the vagina), inside the vagina and on the cervix (opening to the uterus).

Men and women can also have warts in the mouth or anus.

Mucopurulent Cervicitis

Mucopurulent Cervicitis (MPC) is an inflammation around the cervix (the part of the uterus that opens into the vagina). This can be caused by several organisms, including gonorrhea, chlamydia, and trichomoniasis. Sometimes the cause is unknown. MPC can cause irritation of the cervix which can be seen on exam as the presence of cervical discharge or inflammation. If symptoms are present they may include: vaginal irritation, pelvic pain or pressure, and an abnormal discharge which may have a foul odor.

MPC is believed to be spread primarily through sexual intercourse.

Nonspecific Urethritis

Nonspecific Urethritis (NGU) is an infection of the urethra in men. The tube in the penis through which the patient urinates is infected. Most cases are caused by bacteria called Chlamydia. Other causes can be organisms such as gonorrhea, urea plasma, occasionally trichomoniasis and sometimes the cause is unknown. NGU may or may not cause symptoms. Symptoms may include burning or painful urination and clear white mucus discharge. NGU is generally believed to be spread primarily through sexual intercourse.

One in Two Sexually Active Young People Will Get an STD by the Age of 25 • Most Won't Know It • Get Yourself Tested