



## Let a Healthcare Navigator Help

### Do you

- need answers to a healthcare question and don't know where to go for help?
- need a health service but don't know where to start?

It can be difficult to navigate questions about your health and to know where to get answers.

### What is a Healthcare Navigator?

Your personal navigator is a caring, trained professional who will guide you toward the answers and care you need.

**This service is free, confidential, and customized.**

### How will we help?

We'll help by

- **Listening** to your concerns and questions.
- Helping you **connect** with a primary care physician, specialists, and other healthcare resources, including MyChart.
- **Locating** care close to your home.
- **Guiding** you through the healthcare system.



### Getting started

Please contact our Healthcare Navigators by calling **(937) 558-3925** or emailing us at **[ketteringhealthnavigator@ketteringhealth.org](mailto:ketteringhealthnavigator@ketteringhealth.org)**.

Our office is open Monday-Friday, 8 a.m.-4:30 p.m. If you leave a message after business hours, we will contact you the next business day.

Please note: We are not an emergency line. If you are having a medical emergency, please call 911.

### The benefits

- Reduced stress
- Improved quality of care
- Trusted support
- Peace of mind

### Serving

- Individuals
- Families
- Seniors
- Employers
- Employees
- Providers