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360 Wilson Drive ● Xenia, OH 45385 937-374-5600 ● toll free 866-858-3588 www.gcph.info

Are you interested in being part of the Community Roots Coalition? Are you interested in working together with like minded people to provide new and innovative health and wellness activities and programs in Greene County? This coalition is for YOU!

The Community Roots Coalition is a group of key partners including our agency, the City of Xenia, Ohio State University Extension, and Central State University Extension. Our mission is to increase healthy, active lifestyles to combat chronic diseases. Programs and events

include various educational workshops, programming to increase physical activity and access to healthy nutrition across Greene County.

Contact Jillian Drew, Health Educator, at 937-374-5683 or by email at jdrew@gcph.info.

'Like' and 'Follow' Greene County Public Health today!



July 2021

Greene County COMMUNITY

ROOTS

Promoting Healthy

Lifestyles



for Fitness & Fun

A guide to recreation, wellness and fitness opportunities in Greene County, Ohio



Greene County



Greene County Public Health and the Ohio Department of Health's Tobacco Use Cessation and Prevention Program are dedicated to making our community healthier by supporting smoke free policies, limiting access of smoking devices to our children, and providing prevention to our vulnerable populations by offering tobacco cessation for the treatment of nicotine addiction. We encourage our public parks in Greene

Prevent. Promote. Protect.

Public Health

Greene County County to go smoke-free to protect everyone from the

secondhand smoke from cigarettes and vapes/electronic nicotine delivery systems.



Watch for this symbol throughout this guide to see what parks in your area are smoke-free!

For more information on the tobacco prevention program, contact Kristianna Durham at (937) 374-5655 or by email at kdurham@gcph.info. Considering quitting? Visit mylifemyquit.org for our teen vaping cessation program or https:// ohio.quitlogix.org/en-US/ for the Ohio Tobacco Quit Line.



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On behalf of Greene County Public Health, we hope you and your family enjoy this fitness & wellness directory.

Every attempt was made to ensure accuracy in the development of this guide. If you have suggestions or would like to be included in a future edition, please contact Greene County Public Health at 937-374-5669 or send an email to *lfox@gcph.info.*

"Greene Spaces for Fitness and Fun" is your guide to many enjoyable physical fitness opportunities that are available in Greene County, Ohio. Although it is not comprehensive, this directory is a great resource for information on parks, bike trails,



fitness businesses, and much more! This guide was developed by Greene County Public Health and the Community Roots Coalition.

Exercise is an essential part of a well-balanced lifestyle and increasing attention has been placed on the link between exercise and disease prevention. To receive the most benefit from exercise, the CDC recommends that adults exercise moderately for at least 30 minutes a day and at least five days per week. Nearly three-

fourths of respondents (74.6%) indicated participating in physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise. Almost all of these respondents (92.8%) indicated taking part in this activity for at least 20 minutes when they did exercise.

The percentage of Greene County adults who participate in physical activity has remained relatively stable since 2004, ranging from 75.4% in 2004 to 74.6% in 2012. Alarmingly, overweight and obesity rates in Greene County have increased in the last 10 years. Over two-thirds of Greene County adults were overweight (35.7%) or obese (34.6%), a significant increase from 2004, when 54.1% were overweight or obese. Increased weight, high blood pressure and high cholesterol have increased significantly over the past 9 years with Fairborn and Xenia most at risk for developing these conditions. Child and Family Health Services data available from the health district indicates 27.2% of children between 2 to 5 years of age are overweight. Now is the time to take action and commit to a healthy lifestyle.

Did you know...that the Little Miami Scenic River is Ohio's first designated scenic river? The river provides Ohioans with canoeing, birding, river fishing and sight

seeing. Canoe launches are located throughout the County (Mill Bridge Launch, Jacoby Canoe Launch, Narrows Reserve and Constitution Park, to name a few). The river also adds a beautiful view to the Little Miami Scenic shared-use trail.

—Always consult your physician before beginning or altering any exercise program.



1

NOTES

Exercise can be fun, easy and effective!

Fitness experts agree that a safe, effective, and complete exercise program consists of aerobic exercise 3-5 times per week and strength training exercises 2-3 times per week. As with any new or modified exercise program, **always check with your physician before you start!**

Aerobic exercise is exercise that uses large muscle groups and can be sustained for at least 20 minutes. This type of activity improves overall health and focuses on cardio-respiratory fitness (heart and lungs). Examples are walking, jogging, biking, hiking, stair climbing, aerobic dancing and swimming.



The goal is to increase your heart rate to a safe level (ask your physician or a fitness expert for details) and keep it there for 20-40 minutes. Of course, 5-10 minutes of aerobic activity is where a new exerciser would start.

Strength training exercises are activities that increase muscular strength and/or endurance. Examples include using dumbbells, exercise machines such as Nautilus, dyna-bands or rubber tubing, or doing abdominal crunches, push-ups and leg lifts. The goal is to spend 15-30 minutes, 2-3 times per week on strength training exercises. The more muscle mass a person has, the higher his or her metabolism is all of the time.

Just as important as the aerobic and strength segments of a workout are the warm-up and cool-down. The first 5-10 minutes of a workout should be spent gradually warming up the body with slow walking and stretching. On the same note, 5-10 minutes of walking and stretching at the end of a workout will help increase flexibility and rid the body of exercise by-products (such as lactic acid).

These general exercise guidelines are not meant to be a substitute for sound exercise advice from a physician or fitness expert. There are many physical, mental and social benefits of being physically fit. Be safe, have fun and enjoy!

Yoga/Pilates

Day Yoga	(937) 829-5947
House of AUM 125 S. Walnut Street, Yellow Springs	(937) 532-5467
Indigo Yoga Dayton 3979 Indian Ripple Road, Beavercreek	(937) 240-1648
Kai Yoga Studio 1 1/2 S. Central Avenue, Fairborn	(937) 869-4515
Robyn Moore Yoga & Wellness 1905 Woods Drive, Beavercreek	(937) 546-8956



Check local listings for other recreation centers, gyms, and fitness classes near you!

Golf Clubs/Courses (Public)

Beavercreek Golf Club	937) 320-0742
Caesar Ford Disc Golf Course	937) 562-6440
Fairborn Disc Golf Course	937) 754-3090
Karohl Park Disc Golf Course	937) 562-6440
WGC Golf Course	937) 372-1202
Xenia Rotary Disc Golf Course www.xenia 436 Towler Road, Xenia	adiscgolf.com

Martial Arts Schools, Clubs & Dojos

Dayton Mixed Martial Arts Academy	(937) 431-1980
DJ's Dojo 78 E. Second Street, Xenia	(937) 768-2492
TNT Midwest Martial Arts Academy, Inc. 25 W. Main Street, Fairborn	(937) 878-8733

Volkssmarch/Walking Groups

Xenia Walking Club	(937) 372-1302
1323 White Oak Circle, Xenia	

The Xenia Walking Club is a 501(c)(3) Non-Profit Organization supporting local parks and recreation, fitness, historical sites, and school scholarships. Check out Xenia Walking Club – XWC and the American Volkssport Association on Facebook or at <u>www.ava.org</u> for more information.

TABLE OF CONTENTS

Please contact each park authority at the information phone number provided in this directory to obtain information on park rules, permit requirements and handicap accessibility prior to visiting each park.

Introduction	1
Little Miami Scenic River	1
Exercise Tips	2
Greene County Paved Trails	4
Beavercreek Area	5
Bellbrook Area	10
Cedarville Area	12
Fairborn Area	13
Jamestown Area	16
Miami Township Area	16
Yellow Springs Area	17
Xenia Area	18
Fitness/Recreation Establishments	21

Greene County's Paved Trails

To date, over 62 miles of former rail corridor have been developed into beautiful, multi-use paved trails through the cooperation of Greene County and local jurisdictions that is part of the nation's largest paved trails network.

Xenia Station Hub

Located at 150 Miami Avenue in Xenia.

Description:	Hub of shared-use trai	ls. Information center, two picnic shelters, splash pad,
	restrooms, vending.	
Information:	(937) 376-7232 wy	vw.gcparkstrails.com

Yellow Springs Station

Located at 101 Dayton Street in downtown Yellow Springs.Description:Hub of shared-use trails. Information center, restrooms, self-serve bike fix-it
station.Information:(937) 767-2686www.gcparkstrails.com

Creekside Trail

Extends from Xenia Station through Beavercreek and into Montgomery County.Description:11.63 miles, view of rare plants/animals in wetlands, commute to FairgroundsRecreationCenter and the Little Miami Scenic Trail.Information:(937) 562-6440www.gcparkstrails.com

Xenia-Jamestown Connector

Extends from Xenia Station to Frank Seaman Park to S.R. 72 in Jamestown.Description:15.44 miles.Information:(937) 562-6440www.gcparkstrails.com

Wright Brothers-Huffman Prairie Bikeway

Extends from Central Avenue to Marl Road in Fairborn.Description:4.58 miles, view of Wright Brothers Memorial and National Historic Park.Information:(937) 562-6440www.gcparkstrails.com

Little Miami Scenic Trail

Extends from Beechmont Avenue in Anderson Township to Springfield. Greene County manages 15.87 miles from Hedges Road to Jackson Road.

Description:	78 miles total, por	tions of trail run along Little Miami Scenic River.
Information:	(937) 562-6440	www.gcparkstrails.com
	(937) 382-1096	https://ohiodnr.gov/wps/portal/gov/odnr/go-and-do/plan-
		a-visit/find-a-property/little-miami-state-park

Ohio-to-Erie Trail

Extends from Xer	nia Station to Cedarvil	lle. Connects Cincinnati, Columbus and Cleveland.
Description:	13.92 miles (Gree	ne County), view of Central State University and
	Wilberforce Unive	ersity.
Information:	(937) 562-6440	www.gcparkstrails.com

Fitness/Recreation Centers

24/7 Gym & Fitness(937) 732-4821 3253 Seajay Drive, Beavercreek
Anytime Fitness(937) 709-9113 6354 Wilmington Pike, Bellbrook
Bombers Crossfit
Dayton Strength & Conditioning(937) 715-5438 1321 Research Park Drive, Beavercreek
DRAC Fitness
Esporta Fitness (formerly LA Fitness) 4494 Walnut Street, Beavercreek (The Greene) (937) 427-0700 2500-F N. Fairfield Road, Beavercreek (937) 912-0063
Everybody Fitness
Fitworks
Gladiator Training Center(937) 990-0045 59 E. Second Street, Xenia
59 E. Second Street, Xenia Kaboom Fitness
59 E. Second Street, Xenia Kaboom Fitness
59 E. Second Street, Xenia Kaboom Fitness
59 E. Second Street, Xenia
59 E. Second Street, XeniaKaboom Fitness107 E. Dayton-Yellow Springs Road, FairbornLegacy Fitness17617 Dayton-Springfield Road, FairbornMVP Dance Fit1937) 352-6099143 N. Allison Avenue, XeniaSnap Fitness Xenia1822 West Park Square, XeniaWellness Center Antioch College1937) 319-0100

Spring Hill Park

1001 Ormsby Drive in Xenia.

Description: 4.89 acres, shelter, playground, basketball court, paved walking path. www.ci.xenia.oh.us Information: (937) 376-7232

Sterling Green Park

2886 West Barnhill Place in Xenia; walking path accessible off of Childers Drive. 9.5196 acres, shelter, playground, basketball court, open play area, Description: walking path. Information: (937) 376-7232 www.ci.xenia.oh.us

West Side Park

966 Towler Road in Xenia.

20 acres, shelter, playground, baseball/softball fields, basketball court, Description: Wee Bucs youth football practice field, skate park. Information: (937) 376-7232 www.ci.xenia.oh.us

Fitness & Recreation Establishments



Bike Rentals

Links & Kinks 1128 N. Broad Street, Fairborn	(937) 754-0929
K&G Bike Center 594 N. Detroit Street, Xenia	(937) 372-2555

Canoe Rentals

Bellbrook Canoe Rental	(937) 848-4812
River's Edge Canoe Outfitters	(937) 903-6468

Cheer/Dance

Midwest Cheer Elite Xenia......(937) 768-9398 1395 St. Rt. 42 South, Xenia

Beavercreek Area

www.beavercreekohio.gov www.gcparkstrails.com

Beaver Creek Wetlands (Call for tour information)

• Accessible a	t Siebenthaler Fen Boardwalk on Fairground Road in Beavercreek Township
Description:	77 acres, wheelchair accessible boardwalk, mostly primitive hiking, wear appropriate clothing.
Information:	(937) 320-9042
• Accessible a	t Phillips Park on Dayton-Xenia Road in Beavercreek Township.
Description:	Hiking, wear appropriate clothing.
Information:	(937) 562-6440
• Accessible a	t Trebein Road and Beaver Valley Road in Beavercreek Township.
Description:	Primitive trail and parking leading to the south (Division of Wildlife), undeveloped trail leading to the north (Fairborn Marsh). Mostly primitive
	hiking, wear appropriate clothing.
Information:	(937) 320-9042

Alpha Mill

745 Alpha Road in Beavercreek Description: Historical grain mill building, now

used as a museum. (937) 427-5514 Information: www.beavercreekohio.gov

Angel's Pass

Factory Road in Beavercreek Township

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Description:	Gazebo, picnic tables, accessible restrooms, primitive camping, access to
-	Creekside Trail and Owen's Place-a universal accessible playground for
	all ages/abilities (www.owensplace.org)
Information:	(937) 427-5514 www.beavercreekparks.org
Deguaran	

Beavercreek Station

N. Fairfield Road in Beavercreek	
n: 9/11 Memorial, restroom facility, open year	round (heat/ac), vending,
access to Creekside Trail	
on: (937) 427-5514 www.beavercreekohio.g	<u>j</u> OV
n: 9/11 Memorial, restroom facility, open year access to Creekside Trail	× //

Solution C.I. Beaver Park 3696 Highmont Street in Beavercreek.

5.3 acres, rental facility, playground, basketball court, picnic table, benches, Description: trails. Information: (937) 427-5514 www.beavercreekohio.gov

Cinnamon Ridge

4070 Willow Rui	1 Drive in Beavercree	ek
Description:	7.3 acre park is na	aturally wooded and very scenic with trails.
Information:	(937)427-5514	www.beavercreekohio.gov

Creekside Reserve

Off S.R. 35 between Factory Road and N. Fairfield Road in Beavercreek; access via Creekside Trail.

Description: 136 acres, hiking trails. Information: (937) 562-6440 www.gcparkstrails.com

Dominick Lofino Park

640 Grange Hall Road in Beavercreek.

36 acres, amphitheater, 4 tennis courts, lake, .5 mile paved trail, .5 mile Description: natural trail, story walk, 2 pickleball courts, fishing dock, grills, playground, shelter, restrooms. Information: (937) 427-5514 www.beavercreekohio.gov

🔊 Durnbaugh Greenway

O'Hara Drive in Beavercreek. Description: 5.93 acres, undeveloped green space.

(937) 427-5514 www.beavercreekohio.gov Information:

E.J. Nutter Park 865 Factory Road in Beavercreek.

24.6 acres, 5 baseball diamonds, playground, 3 shelters, Creekside Trail Description: access. Information: (937) 427-5514 www.beavercreekohio.gov

Fifth Third Gateway Park and Ride Facility

4231 Davton-Xenia Road in Beavercreek.

1 acre, shelter, access to Creekside Trail, vending, port-o-let, parking. Description: Information: (937) 427-5514 www.beavercreekohio.gov

So Fox Run Park

3358 Southfield Drive in Beavercreek. Description: 20 acres, 1 mile walking trail. (937) 427-5514 www.beavercreekohio.gov Information:

Gerspacher Park

2364 Gerspacher Drive in Beavercreek. Description: 3.4 acres, playground, tot and regular swings, shelter, picnic tables, benches, bike rack. Information: (937) 427-5514 www.beavercreekohio.gov

Glenn Thompson Reserve/Jacob's Landing

S.R. 35 and Trebein Road in Beavercreek Township. Description: 60 acres, canoe launch, river fishing, hiking. Information: (937) 562-6440

www.gcparkstrails.com

Grange Hall Bike Access

1440 Grange Hall Road in Beavercreek. Description: Parking for Creekside Trail access, picnic tables Information: (937)427-5514 www.beavercreekohio.gov



Kinsey Road Mound Preserve

Kinsev Road in Xenia. Description: 5 acres, historical mound, hiking trail. Information: (937) 562-6440 www.gcparkstrails.com

Lexington Park

1067 Lexington Avenue in Xenia. Description: 6.28 acres, 2 shelters, playground, basketball court, community gardens. Information: www.ci.xenia.oh.us (937) 376-7232

Old Town Reserve

Old Springfield Pike/S.R. 68 in Xenia. Greene County Park District. 6.6 acres, picnic tables, shelter, access to Little Miami Scenic Trail. Description: Information: (937) 562-6440 www.gcparkstrails.com

Parnell Park

1032 Parnell Drive in Xenia. Description: 3 acres, playground, basketball court. Information: (937) 376-7232 www.ci.xenia.oh.us

Pierce Park & Scout Dog Park

618 Dayton-Xenia Road in Xenia Township. 33 acres, picnic shelter, limited facilities, handicap accessible, 2-acre Description: fenced, leash-free dog park. Information: (937) 562-6440 www.gcparkstrails.com

Ridgebury Park

406 Ridgebury Drive in Xenia. Description: 5.5 acres, shelter, playground, basketball court.

Information: (937) 376-7232 www.ci.xenia.oh.us

Sara Lee Arnovitz Nature Preserve

350 Kinsev Road and Hillcrest Drive in Xenia Township. Description: 43 acres, wetlands with boardwalk access, hiking. Information: (937) 562-6440 www.gcparkstrails.com

Shawnee Park & Pavilion

591 South Park Drive in Xenia. Description: 10.4 acres, 4 shelters, picnic tables,

Information:

interactive playground, large pond, fishing, paved walking path, handicap accessible, tree carvings. (937) 376-7232 www.ci.xenia.oh.us

Sol Arnovitz Park

436 Towler Road i	in Xenia.
Description:	20.6 acres, shelter, open space, sledding, 18-hold disc golf course, paved
	walking path loop.
Information:	(937) 376-7232 www.ci.xenia.oh.us



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The Women's Park of Yellow Springs Located along the bike bath between Grinnell Road and the Antioch Theater. Beautiful flower garden, walking path, open space, memorial tiles Description: commemorating women with ties to the Yellow Springs community.

Information:

(937) 767-7438 www.yellowsprings.com

Xenia Area

www.ci.xenia.oh.us www.co.greene.oh.us

Beverly Hills Park

2046 El Camino Drive in Xenia.

Description: 5.2104 acres, shelter, playground, basketball court, open play area. Information: (937) 376-7232 www.ci.xenia.oh.us

Fairgrounds Recreation Center

210 Fairground Road in Xenia Township.

Description: 58 acres, tennis courts, playground, horseshoe courts, 2 shelters, basketball courts, handicap accessible, restrooms (seasonal). (937) 562-6440 www.gcparkstrails.com Information:

Fairground Road Reserve

Fairground Road	(unmarked access a	t bridge) in Xenia Township.
Description:	Fishing; parking a	long side of Fairground Road.
Information:	(937) 562-6440	www.gcparkstrails.com

Franklin Park

594 Dayton Avenue in Xenia. Description: 3acres, open play area, shelter, playground, basketball court. Information: (937) 376-7232 www.ci.xenia.oh.us

Jacoby Road Launch/Morris Bean Reserve

Jacoby Road in Xenia Township. Description: 54 acres, canoe launch, restricted-use camping and river fishing. Information: (937) 562-6440 www.gcparkstrails.com

Description:

Information:

James Ranch Park

177 Fairgrounds Road in Xenia Township.



4 acres, historical home, Creekside Spur, pond, display gardens in cooperation with OSU Extension and the Greene County Master Gardeners, gazebo. (937) 562-6440 www.gcparkstrails.com

Grangeview Acres

2816 Blythe Court in Beavercreek.

Description: 1.5 acres, playground, tot and regular swings, dome climber, half-court basketball, youth softball backstop with grass playfield, picnic tables, benches. Information: (937) 427-5514 www.beavercreekohio.gov

Hobson Freedom Park

2910 Trebein Road in Beavercreek Township.

Description:

Shelter, picnic tables, and grill that can all be reserved; playground; tournament quality athletic field for use Information: (937) 562-6440 www.gcparkstrails.com

Hunter's Ridge Park 2133 Marchfield Way in Beavercreek.

5 acres, picnic shelter, playground, access to Rotary Park. Description: Information: (937) 427-5514 www.beavercreekohio.gov

John Ankenev Sports Complex

Orchard Lane in Beavercreek. Owned/leased by Beavercreek Soccer Association. fields.

Description:	65 acres, 41 soccer
Information:	(937) 427-1769

Karohl Park

2940 Hohl Drive in Beavercreek. Description: Hiking trails, playground and disc golf course Information: (937) 562-6440 www.gcparkstrails.com

Koogler Wetland/Prairie Reserve

2735 Beaver Valley Road in Beavercreek. Description: 66 acres, natural trails, boardwalk through the wetland. (937) 562-6440 Information: www.gcparkstrails.com

Leist Park (a.k.a. James Leist Park)

Corner of Dayton Xenia Road and Orchard Lane in Beavercreek Twp. Description: .5 acre, picnic table, shelter, open space. (937) 429-4472 www.beavercreektownship.org Information:

Mall Walking at the Mall at Fairfield Commons

2727 Fairfield Commons Road in Beavercreek.



D Entrance (food court) open: 8:30am-9:00pm (Mon.-Sat.); 11:30am-6:00pm (Sun.) Upper and lower level combined equal 1 mile. (937) 427-4300 (ext. 0) www.mallatfairfieldcommons.com



Merrick Park 3179 Creekside Drive in Beavercreek. Description: 5.6 acres, playground, picnic table, grill, footbridge. Information: (937) 427-5514 www.beavercreekohio.gov

Narrows Reserve

2575 Indian Ripple Road (where Factory Road dead-ends) in Beavercreek Twp. Description: 162 acres, Narrows Reserve is open until dusk, canoe launch, river fishing, hiking, handicap accessible, restrooms. Information: (937) 429-9590 www.gcparkstrails.com

S Overlook Reserve

Park Overlook Drive in Beavercreek Township. Description: 11.5 acres, walking trails. Information: (937) 427-5514 www.beavercreekohio.gov

🐼 Owen's Place Park

Beaver Valley Road (access through Rotary Park) in Beavercreek Township. 7.5 acres, open space, shelter, all abilities play equipment, field of dreams Description: tree house, entrance through Rotary Park. Information: (937) 429-4472 www.beavercreekparks.org



Phillips Park

2092 Davton-Xenia Road in Beavercreek Township. Description: Gazebo, picnic tables, lake, fishing, hiking. Information: (937) 562-6440 www.gcparkstrails.com

🔉 Rotary Park

2260 Dayton-Xenia Road in Beavercreek.

72 acres, 14 ball diamonds, 2 t-ball fields, 3 soccer fields, 2 sand volleyball Description: courts, concession stand, playground, shelter, picnic tables, benches, access to Spotted Turtle Trail and Phillips Park. (937) 427-5514 www.beavercreekohio.gov Information:

S Royal Pointe Park

3041 Park Overlook Drive in Beavercreek.

Description: Information:

5 acres, gazebo, picnic tables, playground. (937) 427-5514 www.beavercreekohio.gov



John Bryan State Park

3790 S.R. 370 in Miami Township.

770 acres, hiking, day lodge, camping, Storybook Trail, remarkable Description: limestone gorge cut by the Little Miami River.

(937) 767-1274 (Call for camping and rental information.) Information:

https://ohiodnr.gov/wps/portal/gov/odnr/go-and-do/plan-a-visit/find-a-property/john-bryan-state -park

Yellow Springs Area

www.yellowspringsohio.org

Beatty-Hughes Park (Veterans Memorial) Corry Street in Yellow Springs.

Benches, open space. Description: (937) 767-3402 www.yellowspringsohio.org Information:

Ellis Park & Lloyd Kennedy Arboretum Polecat Road in Yellow Springs.

Description:

Information:

Ellis Park has picnic pavilion, open space and pond. Lloyd Kennedy Arboretum is located on the same grounds and features a grove of various trees that are native to Ohio, bird watching. (937) 767-3402 www.yso.com

Ouncan Park Dayton Street in Yellow Springs. Description: Open space, garden, memorial trees. Information: (937) 767-3402 www.yellowspringsohio.org

Gaunt Park W. S. College Street in Yellow Springs.

Description:

Yellow Springs public swimming pool, soccer field, baseball field, playground, picnic facilities. Park serves as location of Yellow Springs water tower and annual July 4 fireworks display.

Information: (937) 767-3402 www.yso.com

🔊 Rahn Park

Xenia Avenue in Yellow Springs.

Flag pole commemorating WWII veterans, picnic table, open space. Description: Information: (937) 767-3402 www.yellowspringsohio.org

Soccer Field Park

E. Enon Road in Yellow Springs. Description: Soccer field at Yellow Springs High School. (937) 767-3402 Information:



Jamestown Area

www.jamestownohio.us

Jamestown Community Park

Corner of E. Adams Street and Sycamore Street in Jamestown.

Open green space, shelter, playground equipment Description: Information: (937) 675-5311 www.jamestownohio.us



Frank Seaman Park

4730 Cottonville Road in Silvercreek Township.

39 acres, shelter, soccer fields, softball and baseball fields, playground, Description: gazebo, access to Xenia-Jamestown Connector, handicap accessible, tennis courts, restrooms (seasonal).

Information: (937) 562-6440 www.gcparkstrails.com

Caesar Ford Park

520 S. Stringtown Road in New Jasper Township.

Description:	270 acres, multi-use	e natural surface trails, disc golf, restrooms
Information:	(937) 562-6440	www.gcparkstrails.com

Miami Township Area www.miamitownship.net

Clifton Reserve

2762 S. River Road in Clifton. 10 acres, picnic tables, indoor rental facility, river fishing. Description: Information: (937) 562-6440 www.gcparkstrails.com

Clifton Gorge State Nature Preserve

2381 S.R. 343 in Miami Township. Description: 130 acres, hiking only, no fishing/picnicking/pets permitted in preserve. (937) 767-7947 https://ohiodnr.gov/wps/portal/gov/odnr/go-and-do/ Information: plan-a-visit/find-a-property/clifton-gorge-state-nature-preserve

Glen Helen Nature Preserve

405 Corry Street in Yellow Springs.

Description: 1,125 acre privately owned nature preserve featuring waterfalls, rock



formations, 400 year-old trees, the Little Miami River and the famous Yellow Spring. Fifteen miles of trails connecting to John Bryan State Park and Clifton Gorge State Nature Preserve. Offering residential environmental learning programs and summer Ecocamps for children, a Raptor Center for birds of prey, and public hikes and programs. Information: (937) 769-1902

www.glenhelen.org

Russ Nature Reserve

2380 Kemp Road in Beavercreek Description: 90 acres of mixed prairie and woodlands. Featuring the Lovely Nature PlayScape, hiking trails, butterfly garden, pond, native plant landscape, bee apiary, restrooms. Information: (937) 562-6440 www.gcparkstrails.com



Saville Farm Estates Park 1950 Wilene Drive in Beavercreek.

Description: Information:

(937) 427-5514 www.beavercreekohio.gov

Shoup Park 1341 Meadow Bridge Road in Beavercreek.

4.7 acres, playground, 1/2 court basketball, 30-foot mound slide, sand Description: play area, picnic tables, benches, shelter, port-o-let. (937) 427-5514 www.beavercreekohio.gov Information:

6.5 acres, playground, swings, softball diamond, benches, picnic tables.

Spicer Heights Park 3704 Edge Park Drive in Beavercreek. 5 acres, playground, tot and regular swings, fitness course, paved 1/3 mile Description: trail. shelter. Information: (937) 427-5514 www.beavercreekohio.gov

🔊 Stafford Park

3636 Crab Orchard Avenue in Beavercreek.

11.8 acres, playground, tot and regular swings, picnic table, benches, bike Description: rack. footbridge. (937) 427-5514 www.beavercreekohio.gov

Information:

Summerfield Park

1789 Stedman Lane in Beavercreek. 11 acres, playground, large open field. Description: (937) 427-5514 www.beavercreekohio.gov Information:

Tara Park

405 Millstone Drive in Beavercreek. Description: 2.35 acres, undeveloped. Information: (937) 427-5514 www.beavercreekohio.gov

Veterans Memorial

1911 N. Fairfield Road in Beavercreek. .62 acres, picnic shelter, Walk of History. Description: (937) 427-5514 www.beavercreekohio.gov Information:

16

🕥 Virgallito Park

🍼 2569 Lantz Road in Beavercreek.

Description:9.2 acres, playground with poured-in-place surfacing, shelter, walking trail,
grassy infield ball diamond.Information:(937) 427-5514www.beavercreekohio.gov

🔊 Walnut Grove Park

410 Mulberry Trail in Beavercreek.Description:4.5 acres, playground, playfield, shelter.Information:(937) 427-5514www.beavercreekohio.gov

🔊 Wartinger Park

3080 Kemp Road in Beavercreek.			
Description:	4.3 acres, 3 log ca	bins, barn, herb garden, picnic tables.	
Information:	(937) 427-5514	www.beavercreekohio.gov	

Bellbrook Area www.cityofbellbrook.org www.gcparkstrails.com

Bellbrock Park

 57 North Main Street in downtown Bellbrook.
 Description: 1.5 acres, wooded, gazebo, playground, picnic tables, grills, small stream.
 Information: (937) 848-3535 www.cityofbellbrook.org



Bellbrook-Sugarcreek Community Park

2751 Washington Mill Road in Sugarcreek Township.

Description:4 acres, open space, Bellbrook-Sugarcreek Community Center, park
offices, banquet room.Information:(937) 848-3535www.cityofbellbrook.org

Constitution Park

Information:

S.R. 42 and S.R. 725 in Spring Valley. Description: 3 acres, canoe launch, restricted-use primitive camping, river fishing, handicap accessible.

(937) 562-6440 www.gcparkstrails.com



Cross Creek Park

Cross Creek Subdivision, access off Kensington Drive in Bellbrook. Description: 5 acres, heavily wooded, runs along creek, undeveloped. Information: (937) 848-3535

(937) 848-3535 www.cityofbellbrook.org

Cemex Reserve

1100 Sanctuary Drive in Fairborn.Description:165 acres, wetlands, hiking trails.Information:(937) 562-6440www.gcparkstrails.com

Tecumseh Park

 18 W. Routzong Drive in Fairborn.

 Description:
 1.5 acres, playground, softball field, shelter.

 Information:
 (937) 754-3090
 www.ci.fairborn.oh.us

Twin Towers Park

501 Yellow Springs-Fairfield Road in Bath Township.

Description:102 acres, Ohio's first horse park and recreation area, concessions, horse
trails, show rings, stalls, jumps, shelter, paved trail, event camping by
permit only, dog training area, restrooms.Information:(937) 562-6440www.gcparkstrails.com

Valle Greene Park

2359 Valle Greene Drive in Fairborn.

Description:	6 acres, 2 playgrounds-1 fully ADA and wheelchair accessible, shelter,
	cross country skiing, sledding.
Information:	(937) 754-3090 www.ci.fairborn.oh.us

Valle View Reserve

1097 Empire Court in Fairborn.

Description:	25.54 acres, 1/2 mile ADA accessible walking path through natural and	
	wetland conservation areas.	
Information:	(937) 754-3090 www.ci.fairborn.oh.us	

Wedgewood Park

1424 Wedgewood Drive in Fairborn.

Description:12 acres, fitness area, 2 basketball fields, playground, shelter, softball field,
soccer field, 2 tennis courts, trails, cross country skiing, walking paths.Information:(937) 754-3090www.ci.fairborn.oh.us

Wright Park

470 W. Funderburg Road in Fairborn.



Description: 12 acres, playground, shelter, trails, cross country skiing, sledding, basketball court. Information: (937) 754-3090 www.ci.fairborn.oh.us



Maplewood Park

1434 Ironwood Drive in Fairborn. Description: 12.7 acres, 2 lis

Information:

12.7 acres, 2 lighted basketball courts, playground, shelter, soccer field, 2 lighted tennis courts, volleyball court, cross country skiing, sledding.
(937) 754-3090 www.ci.fairborn.oh.us

Oakes Quarry Park

1267 E. Xenia Drive in Fairborn.

Description: 190 acres, cross country skiing, fossil hunting/digging areas, 2 fishing ponds, hiking and equine trails. Information: (937)-754-3090 www.ci.fairborn.oh.us



Osborn Park

 51 Erie Street in Fairborn.

 Description:
 8 acres, 2 basketball courts, playground, shelter, 2 soccer fields, cross country skiing, skate park.

 Information:
 (937) 754-3090
 www.ci.fairborn.oh.us

Patterson Mini Park

646 Patterson Street in Fairborn. Description: .42 acres, playground. Information: (937) 754-3090 www.ci.fairborn.oh.us

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Pearl's Fen

4535 Byron Road	d in Fairborn		
Description:	22 acres, boardwalk through wetlands, rare		
	plants, natural trail connects to		
	Oakes Quarry Park.		
Information:	(937) 562-6440	www.gcparkstrails.com	

Rona Hills Park

 600 Rochner Drive in Fairborn.

 Description:
 17 acres, 2 lighted basketball courts, 2 playgrounds, shelter, 5 soccer fields, 2 lighted tennis courts, volleyball court, cross country skiing.

 Information:
 (937) 754-3090

Sandhill Park

229 Sandhill Road in Fairborn.

Description: 23.5 acres, basketball court, playground, shelter, softball field, trails, cross country skiing, sledding, walking paths. Information: (937) 754-3090 www.ci.fairborn.oh.us

Shawnee Park

1633 Ironwood Dri	ive in Fairborn.	
Description:	1.5 acres, playgrou	nd, softball field.
Information:	(937) 754-3090	www.ci.fairborn.oh.us

Magee Park

1820 Little Sugarcreek Road in Bellbrook.

Description:	4 acres, partially wooded, picnic tables, shelter, baseball field,
	playground, grills, stream, shade.
Information:	(937) 848-3535 www.cityofbellbrook.org

Mill Bridge Launch

Washington Mill Road with access off Graf Mill Road in Sugarcreek Township.Description:Canoe launch, parking, fishing.Information:(937) 562-6440www.gcparkstrails.com

Mill Pond Park

Wilmington Pike south of Mill Pond Apartments in Bellbrook.Description:2 acres, designated as open green space, undeveloped.Information:(937) 848-3535www.cityofbellbrook.org

Petrikis Park

Corner of 3771 West Franklin Road in Bellbrook. Description: 3 acres, 2 lighted

3 acres, 2 lighted basketball courts, 2 tennis courts, shelter, grills, picnic tables, playground, Veterans War Memorial, gazebo, Petrikis gardens. (937) 848-3535



Information:

Possum Run Park

Clyo Road (behind Sugarcreek Plaza) in Sugarcreek Township.

Description: 17 acres, undeveloped, heavily wooded, runs along the Possum Run Creek.

Information: (937) 848-3535 www.cityofbellbrook.org

Robert E. Gooding Addition

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2751 Washington Mill Road in Bellbrook.Description:7 acres, development plans include walking trails.Information:(937) 848-3535www.cityofbellbrook.org
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Ron Kehl Park (a.k.a. Kehl Park)

1730 Sonoma Court in Bellbrook.

Description: 9 acres, partially wooded, baseball field, 4-goal basketball court, playground, picnic tables, nature trail, soccer/football area, shelter, paved paths throughout the park. Information: (937) 848-3535 www.cityofbellbrook.org

Rvan Park

Possum Run Creek within the Rvan Homes Subdivision with access off Bledsoe, Tarevton and Bervl Drives in Bellbrook.

Description: 9.5 acres, heavily wooded, undeveloped. Information: (937) 848-3535 www.cityofbellbrook.org

Sackett-Wright Park/Barnett Addition

3371 State Route 725 in Bellbrook.

Description: 54 acres (22 acres of Sackett-Wright Park and 32-acres of Barnett Addition). Ten soccer fields, two football fields, eight baseball fields, two sand volleyball courts, exercise course, two shelters, and picnic tables. www.cityofbellbrook.org Information: (937) 848-3535

Spring Lakes Park

2191 Ferry Road in Sugarcreek Township.

23 acres, shelter, picnic tables, trails, restrooms, Description: fishing (permit required). (937) 562-6440 www.gcparkstrails.com Information:



Possum Run Creek within the Sugar Run Subdivision with access off Sugar Run Trail in Bellbrook.

Description: 3 acres, heavily wooded, undeveloped. Information: (937) 848-3535 www.cityofbellbrook.org

Sugarcreek MetroPark

4178 Conference Road in Bellbrook. Owned by Five Rivers MetroParks.

Description:	596 acres, hiking trails, group camping, archery center, horseback riding
	center, picnic tables, shelter, woodlands, streams.
Information:	(937) 438-5569 Riding Center / (937) 275-7275
	www.metroparks.org

Washington Mill Park

3311 Washington I	Mill Rd. in Bellbrook	·
Description:	35 acres, soccer fie	ld, shelter, grill.
Information:	(937) 848-3535	www.cityofbellbrook.org

Cedarville Area www.cedarvilleohio.net www.gcparkstrails.com

Cedarville Community Park

68 East Street in Cedarville. Description: Two baseball diamonds, playground, shelter, gazebo, concession stand. (937) 766-2911 Information:

Indian Mound Reserve/Peterson Park/Cedar Cliff Falls

2750 U.S. Route 42 E. in Cedarville Township. Description:



169 acres, Williamson Mound, Pollock Works, Cedar Cliff Falls, Massie Creek Gorge, cabin, picnic tables, shelter, fishing, hiking, restrooms. (937) 562-6440 www.gcparkstrails.com

Fairborn Area

www.bathtownshipgreenecountyohio.us www.ci.fairborn.oh.us

Bath Township Park

1006 W. Yellow Springs-Fairfield Road in Bath Township.

Description:	4 shelters, volleyball sand pit, soccer field, basketball court, grills,
	playground, and walking path.
Information:	(937) 878-0611 www.bathtownshipgreenecountyohio.us

Central Park

222 S. Central Par	k in Fairborn.	
Description:	15.5 acres, fitness area, 2 playgrounds,	
		er, cross country skiing,
	sledding.	
Information:	(937) 754-3090	www.ci.fairborn.oh.us

Cold Springs Reserve

760 Black Lane in Fairborn.

Description:	38 acres, trails, cros	ss country skiing,	sledding,	walking paths
Information:	(937) 754-3090	www.ci.fairborn	.oh.us	

Fairborn Community Park

691 E. Dayton-Yellow Springs Road in Fairborn.

206.5 acres, 2 basketball courts, GT Fit Training & Fitness area, Description: 4 playgrounds, 3 restrooms, 6 shelters, fitness area, 4 softball fields, 3 soccer fields, 4 tennis courts, trails, 2 sand volleyball courts, cross country skiing, sledding, amphitheatre, walking paths. Information: (937) 754-3090 www.ci.fairborn.oh.us

Fairfield Park

1125 N. Central Avenue in Fairborn.

Description:	44 acres, 2 lighted baseball fields, 5 (2 lighted) softball fields, 2 lighted
-	basketball courts, 1 restroom, 1 playground, 4 lighted tennis courts, cross
	country skiing, walking paths, restrooms.
Information:	(937) 754-3090 www.ci.fairborn.oh.us