



When to wash hands:

- ◆ Before starting work
- ◆ Before preparing foods
- ◆ Before putting on gloves
- ◆ Before handing clean dishes/utensils
- ◆ When changing tasks
- ◆ When returning to your work station
- ◆ After:

- Using the bathroom
- Smoking, eating or drinking
- Breaks
- Handling raw foods
- Coughing, sneezing, or blowing your nose
- Touching any part of your body or clothes
- Taking out the trash
- Handling dirty dishes/utensils
- Picking up something off the floor
- Cleaning, sanitizing, using wiping cloths
- Touching money

